

By the end of this course, coaches will have a better awareness of back-line options in attack from 1st phase. Have ideas on how to improve back-line attack from 1st phase. Be able to show how to “fix and hold” defences through attacking at pace. Be able to develop thinking, innovative players, able to attack without a reliance on strike moves.

Coaches of Children

The coach will be able to establish with very young players the basic principles of attacking space, encouraging all players to have a share of the ball handling through the development of passing and running skills. The coach will also understand how to:

- Develop their understanding of the principles of play and how to incorporate these principles with a child centred approach.
- Develop an awareness of the aims in attack with players, the coach and parents/supporters.
- Developing the concept of fixing defenders to create or preserve space.
- Develop the ability of passing and offloading from the ball carrier. Developing passing accuracy and distance.
- Develop the support lines of the attacking players in a manner that children may be able to associate and understand.
- Recognise and encourage innovation from players.

Coaches of Youth Players (13-18)

The coach will be able to establish with players, the principles of attacking space effectively and recognise the need to attack the opposition with speed and sound decision making. The coach will also understand how to:

- Develop their understanding of the principles of play and how to incorporate these principles into back line attack and defence from first phase.
- Develop full understanding with the players of the importance of managing the space between the two teams.
- Identify areas for coach intervention based on factual observation and evidence gathering.
- Devise effective game planning and tactical decisions.
- Develop meaningful practices that challenge the skill level and game understanding of players.
- Develop the support lines of the attacking players to maximise opportunities in attack with the ball in hand.
- Recognise and encourage innovation from players

Coaches of Adult Players

The coach will appreciate that players may have differing interpretations of gain line and tackle line and to be effective in adult rugby the attacking players should have a common understanding of how to attack a defence from set piece. The coach will also be able to:

- Develop their understanding of the principles of play and how to incorporate these principles into back line attack and defence from first phase.
- Develop full understanding with the players of the importance of managing the space between the two teams both in attack and defence.
- Identify areas for coach intervention based on factual observation and evidence gathering.
- Devise effective game planning and tactical decisions.
- Develop meaningful practices that challenge the skill level and game understanding of players.
- Develop the support lines of the attacking players to maximise opportunities in attack with the ball in hand.
- Encourage innovation from players.

