



RFU

CONTINUOUS PERSONAL DEVELOPMENT FOR COACHES

Team Selection

Can any coach say they have never upset or disagreed with every player at sometime over selection? If not – how do they know?

By the end of this module, coaches should be aware of the benefits of a consistent selection process and the dangers of not using an identified structure in team selection.

Coaches of Children

There is no selection course for coaches of children.

Coaches of mini age groups should focus primarily on the way they manage the players in their squad.

Equal amount of rugby through the season and consideration for the welfare of the very young is paramount.

Coaches of Youth Players (13-18)

This course will establish a consistent format for team selection that is open, objective and consistent. This will assist the coach to focus on the important or difficult decisions and manage meetings with support staff, and players.

On completion of the course, the coach should be able to:-

- Acknowledge proactive and reactive selection.
- Appreciate the value of player profiling to selection.
- Identify the positional requirements to meet a game plan.
- Devise strategies to ensure consistency in selection.
- Run effective selection meetings.
- Make the hard call.

Coaches of Adult Players

This course will establish a consistent format for team selection that is open, objective and consistent. This will assist the coach to focus on the important or difficult decisions and manage meetings with support staff, and players.

On completion of the course, the coach should be able to:-

- Acknowledge proactive and reactive selection.
- Appreciate the value of player profiling to selection.
- Identify the positional requirements to meet a game plan.
- Devise strategies to ensure consistency in selection.
- Run efficient selection meetings.
- Make the hard call.

