

# LICENCE TO SKILL

## Underpinning High Quality Coaching



The RFU Coach Licensing and Registration Scheme



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If we want to increase the numbers playing rugby and keep those involved in the game we must have high-quality rugby coaches.

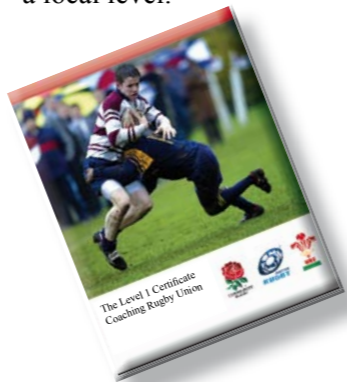
A good coach not only has an impact on performance but ensures that the playing experience is enjoyable as well as offering technical, tactical, physical, mental and lifestyle benefits.

A poor coach switches players off, lowers self esteem and players may even feel that they are not in a safe sporting environment.

Rugby needs excellent coaches with the right skills and attitudes and the coaching qualification courses are designed to train and where appropriate accredit coaches against a set of competencies.

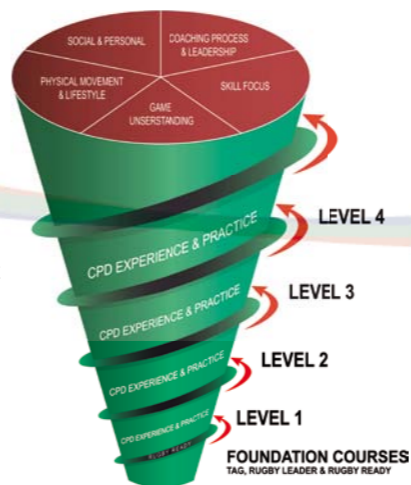
Equally important is the need for coaches attend regular training that maintains the currency of their coaching knowledge and skills.

The RFU's Coach Development Department is committed to supporting the development of coaches through the provision of a range of short courses that will be delivered at a local level.



### What does it mean to me?

All club coaches who attend and achieve United Kingdom Coaching Certification (UKCC) in rugby union will be granted a coach licence, subject to agreement to comply with the Coach Licence Terms & Conditions.



### How will it work?

The licence will last for a maximum of three years from the awarding date when a coach will be required to reapply for their licence.

### Become part of the biggest rugby coaching community in the world!

Licensed coaches have exclusive access to the RFU online Coaching Academy, a new website giving the latest in coaching development, as well as holding all RFU coaching resources.



As you attend Continuous Personal Development courses (CPD) so your access to RFU resources will grow into your personal coaching library.

Your licence card, will also entitle you to a 15% discount at the Rugby Store.

### What if I'm already coaching?

Existing qualified club coaches can apply, free of charge, for a coach licence. In all

cases coaches will be granted a coach licence, subject to agreement to comply with the Coach Licence Terms & Conditions.

### What if I don't have a coaching qualification?

An experienced coach without qualifications can be granted a licence on production of an appropriate coaching CV.

These coaches will be required to attend the IRB safety course, Rugby Ready, and become qualified to a minimum level of UKCC award during the first year of their licensing and registration period.



## How do I renew my licence?

To maintain a coaching licence requires attendance at 3 CPD courses over the three year licence period. Your attendance on these courses will be recorded on the RFU central database.

These modules of Continuous Personal Development exist in almost every occupation. In simple terms, it helps to maintain a currency of knowledge and skill.

The coaching award courses or UKCC Coaching Qualifications in Rugby Union form the basis of assessment for a coach against a set of national competencies. This is often termed 'vertical coaching development' with a focus on the skills of coaching.

However, some coaches may not be suitable or have the inclination to attend the next level of award qualification. Therefore, to help a coach to continue to develop the RFU have developed a range of CPD courses.

This programme of short courses will help to establish the needs of the coaches (technical, tactical, physical, psychological and lifestyle knowledge, plus coaching skills) relative to their role and level of expertise in coaching.

This means that even if a coach wishes to remain at their current qualification level, they can still continue to develop their coaching knowledge and skills. This is often termed 'horizontal coaching development'.

A number of full-time staff and volunteers are trained to ensure these courses can be delivered as locally as possible, ensuring travel distances are minimised, and costs are kept as low as possible.



## FAQs

### 1. How do I get a licence?

A licence will be automatically granted following the successful completion of any RFU coaching qualification course. This will mean you have complied with the conditions of agreeing to the Terms and Conditions and upholding the RFU Code of Rugby. If you already have an RFU qualification then you can apply online by going to <http://clubs.rfu.com/coachlicensing/> You will be asked for your Rugby First log in details. If you do not know them, your Club Coaching Coordinator will help.

### 2. Am I entitled to apply for a licence?

i) If you are actively coaching in the contact game, (U9s upwards), and already have an RFU or UKCC Rugby Coaching Qualification, then you are eligible to apply for a coaching licence from the RFU.

ii) If you do not have a qualification, you can still apply and be granted a licence on compliance with the conditions outlined in point i) above, which means you will need to seek and gain a coaching qualification at the appropriate level.

### 3. How much will my coach licence cost me?

Your licence will be issued free of charge with your certificate on completion of a qualification or (See 2. i) above. All costs, including administration, record keeping, the licence itself, and three yearly renewal will be borne by the RFU.

### 4. What are the benefits to me and my players of becoming licensed?

By becoming licensed you are making a statement that you have taken the responsibility to improve yourself as a coach by attending Continuous Personal Development (CPD) courses. These ensure you maintain up to date knowledge and broaden your skills which will result in your coaching being more effective.



### 5. How will I keep my licence current?

In order to maintain your licence to coach, you will need to attend a minimum of three RFU approved CPD courses over the three year licence period. Your attendance on these courses will be recorded on the RFU central database

### 6. What sort of courses will be available?

The RFU Coaching Department is developing a series of short courses, (2/3 hours), which will cover the range of skills and knowledge needed to coach at any level or age group. These courses and their delivery will be subject to regular review to ensure they remain current and appropriate, helping the coaches who attend to develop greater understanding of such things as: Coaching Process, Technical skills, Tactical Issues and Safe Practice.

### 7. How much will these courses cost?

The usual cost for an RFU CPD course will be about £20. (Non licensed coaches can also access these courses but at considerably more cost.) Cost will include tutor fees, venue costs and associated course resources (booklets, DVDs etc). Costs for approved non RFU courses may vary.

### 8. How will I access these courses?

**I am busy and have limited travel time.**

The courses will be organised in consultation with your CB Coaching Development Committee and the Club Coaching Coordinator who will work with other CCCs to provide appropriate courses locally. These courses will be delivered by RFU trained Coach Educators and Developers working in your locality.



For further information on the RFU Coach Licensing and Registration Scheme, visit [rfu.com/coach](http://rfu.com/coach) and go to Coach Licensing.

RFU Coaching & Player Development, Rugby Football Development Ltd.

