

RFU REGULATION 9 – MEDICAL SAFETY

- 9.1** Rugby is a physical contact sport. Injuries can and do occur as a result of playing rugby, either through isolated injuries or through continuous playing of the game over time. Participants should always consider their own fitness before commencing the playing of rugby and before any game. Participants should consider their own medical advice before playing and especially following an injury (following concussion this is mandatory).
- 9.2** The safety of all players is of paramount importance and therefore all clubs must ensure that, wherever the game is played or training is conducted:
- (a) there is appropriate first aid cover and equipment provided, determined by a risk assessment;
 - (b) there is access to a telephone to ensure emergency services can be called immediately; and
 - (c) there is clear vehicular access for an ambulance or other emergency vehicle.

For guidance as to what is appropriate for each level of the game please see the RFU's website.

- 9.3** Each Club must report to the RFU or as it may direct in accordance with the RFU's injury reporting system any injury which results in an individual being admitted to a hospital save for those taken to an Accident or Emergency Department and allowed home from there and any death occurring during or within 6 hours of the game finishing.

9.4 Concussion

A Player who has suffered concussion must comply with IRB Regulation 10 and any guidance issued by the RFU.

9.5 Health Care Workers

No Person may directly or indirectly seek in any way to influence a medical professional or health care worker to breach their professional group's code of ethics, code of conduct or other such code. For avoidance of doubt, professional codes of ethics take precedence of any employer/employee contract or other service agreement.