

GUIDANCE ON MIXED NON-CONTACT RUGBY

Extract from RFU Regulations

15.1.4.4

(c) Players of all sexes and of any age may train or play together in non-contact variations of rugby, providing the organiser has assessed the session as safe for all players.

Mixed age / gender recommendation for Touch Rugby

The game of Touch Rugby can be played by adults and children providing that there are suitable numbers of adults (Enhanced CRB checked) to supervise (1 per game); the referee should be aware and ensure that any touches made are appropriate and apply a zero tolerance approach in managing this area of the game.

For clarity when playing with both adults and children (U18) and / or mixed gender in the same and/or opposite team: <u>all</u> touches must be made between shoulders and hip height. Touches are not to be made in the chest area but on the abdomen and the back and sides.

If a referee or any player is concerned with the appropriateness of touches, they are to report those concerns to the event organiser immediately, who should follow the relevant RFU safeguarding procedures.

The RFU recommends that TAG rugby is the preferred game when playing mixed age / gender between adults and children.