APPENDIX 1

Yellow Cards

1. The totting up process for suspension purposes will only apply to Clubs operating at Levels 1 - 4 inclusive. Totting up will only apply to yellow cards awarded for Foul Play. No further disciplinary action will be taken on yellow cards awarded for technical offences, save as in paragraph 4 below. However all yellow cards will be reported to the RFU, so they may be recorded, and will attract a fee as indicated in Appendix 3.

2. A player who receives three yellow cards for Foul Play during a season will have his case heard by a RFU Disciplinary Panel.

3. An appeal against a Yellow Card is only valid where the appellant alleges that there was mistaken identity or no act of Foul Play took place. The appeal must be lodged within 7 days of the date of the match and will be dealt with at the hearing that is dealing with the totting up.

4. A player who receives two yellow cards in a match (whether for Foul Play or technical offences) and is sent off after the second yellow card (i.e. awarded a red card), shall appear before a Disciplinary Panel or single Judicial Officer. Where a Disciplinary Panel or single Judicial Officer allows an appeal against one of those two yellow cards the red card shall be expunged from the player's record.